

31 May 2021: Prayer for this Sunday's Holy Trinity

Good morning everyone! We are back to our fourth lockdown here in Melbourne, Victoria this week. Yes, John Pierce Centre is closed too! We are getting frustrated to stay home for hours! However, we think overseas like Europe and India are worse off than us. We hope our lockdown will be a short one. This week's prayer reflects on this Sunday's gospel, Holy Trinity (Trinity means three persons in one God – God the Father, God the Son (Jesus), and God the Holy Spirit) and get more patience in this lockdown time.

Merciful God, listen to our prayer.

We pause to reflect on the great mystery of God:

- in Jesus, God became human with us and amongst us.
- the Trinity is connected like a family.
- in this lockdown time, how do we connect with each other?

We can't meet up or visit in person, but we can connect on FaceTime, Messenger video or Zoom or SMSs or other ways.

How do we connect to God, through prayer and reflection? We can use different ways to connect with each other, same as we use different ways to connect with God, through Jesus and through the Holy Spirit.

We pray to God, we ponder Jesus' life, death and resurrection, and we feel the presence of the Holy Spirit in our lives. Same with us, we pray for each other, we remember times we have shared with each other, and we feel the closeness of our friends and family when we can't actually meet or when they have departed.

Thank you, Lord, for listening our prayer. Amen.

