

### **Friday Faith Reflection #15** (5 June)

JPC talk about faith and reflection. JPC is still closed due to the coronavirus covid-19 and we continue to be guided by Government guidelines and advice. We realise that restrictions are being eased and we can go out more in to the community; children are returning to school, you can have family gatherings of 5-10 people and some activities are resuming in the community. However, JPC is still closed for now and we will wait for Carmel – Executive Manager, to announce the reopening. There is no confirmed date for this as yet.

Much of the changes bring relief to us and maybe this means we can take some more time to think about other people. Our reflection from Fr John this week talks about “loving your neighbour”. Love all people and think about who might be in need especially those who might be lonely or isolated. Sometimes we focus on the people that are our friends but can forget about others in need. But just because they are not our friends does not mean that we can't help them. Now that we have more time we can consider what we can offer to others. For myself, I know that I have good friends and I always like to help them. I focus on these people, but what about 'other' people. I may not see them as a friend at all but it is good to help them, offer them a visit or something that could help.