

Gospel of John – Pentecost #14 (31 May)

As the Father sent me, so am I sending you: receive the Holy Spirit

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.'

'As the Father sent me,
So am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit.
For those whose sins you forgive,
they are forgiven;
for those whose sins you retain,
they are retained.'

The Gospel of the Lord.

Gospel Reflection #14 (31 May)

Pentecost

Today is a Pentecost Sunday. I will sign our chaplain, Fr. Wayne's reflection for today's gospel:

The coming of the Holy Spirit at Pentecost should lessen our fears. The gift of the Spirit gives us the courage to open doors we may have locked (closed ourselves off from people and the world). It is a time of change for believers. Our fears can be turned into joy, the disciple (you and me) become missionaries, opening the doors we may have shut. As God the Father sent Jesus so now Jesus sends us, not to judge the world but to make it a better place. Jesus sends each of us to meet and love others. What is asked of us seems too big and beyond our talents. It would be beyond us if we relied on just ourselves but we have the Spirit to guide and encourage. In Jesus' mission on earth He changed people's lives for the better. We can do the same through little acts of Kindness. For example: when we are out shopping for ourselves we can ask a neighbour if they need some shopping; keep in contact with people and visit the lonely and those who are sick or feel isolated. These are Pentecost actions and we are spirit-filled people.

May the Holy Spirit fill you in peace from Fr. Wayne.

