

## **Friday Faith Reflection #13** (29 May)

Over the past few weeks we have been discussing faith during Covid-19. Today I want to talk about something a little different. Something more personal that might assist your faith development and understanding.

Over the past weeks, life has had it's ups and downs. I've had good days and bad days. Last week was more challenging and I want to share some of my experience with you. It wasn't extremely bad, but it was an opportunity to reflect and learn something.

I was sitting with a drink of coke and as I was signing I knocked the drink over and it spilled all over the floor. I wasn't overly upset, I knew I had to clean it up and I got on with it. But the same thing happened again within the week. Twice in a week! But even these small things can teach us something. Fr John has been teaching us that through faith we can recognise our gifts like patience. I recognized that in myself this week. I hope this was story was interesting and helpful. I hope that you are all doing alright and can recognise your own special gifts and faith.

Thank you for watching and I hope you are doing well at home.