

Friday Faith Post! #07 (8th May)

Faith on Friday

Some big changes have happened to us in the last week. The lockdown has been relaxed in some parts of Australia. People are now starting to talk about the future. This is exciting, but also a bit frightening. We want the lockdown to end, so that we can get together with family and friends. But then we also hear that things will not just go back to the way they were before Covid-19. Leaders like our prime minister are saying the future will be different. Saying that makes people nervous about the future.

It's hard to think about the future when it is unknown. Will it be better than the past? Will people get their jobs back? Will things like food and clothing cost more than they did in the past? What will it be like?

The disciples of Jesus were in a similar situation. When he died, they were devastated and depressed. Their dreams about the future had been destroyed. death. They did not know what the future would be like. Then they found out that he was still alive. He them to reassure them. His greeting to them was "Do not be afraid". He spoke to them about the future. He didn't tell them lots of details about what would happen, but he told them the future would be different. He would not be there with them like he was before he died. But he would still be with them. They would not see him, but his spirit would be there deep inside them, in their hearts. He promised them he would give them a special gift. The gift was life — not physical life, but something deep in their hearts. Jesus offers us that same gift. Let me explain: there are people who are alive, physically healthy, but deep inside feel like they are dead. They may be depressed, or deeply hurt, or unable to cope with life. What Jesus gave us is something spiritual. It means that deep in our hearts we will have peace and joy, we will know that we are loved. We will be people who are **really** alive, and not dead on the inside. We will have confidence and courage to face the future, no matter where it leads us.

,