

JPC AUGUST NEWSLETTER

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Office Hours

MON - WED

9.30am to 3.30pm

THURS - FRI

By Appointment Only

Staff

Christine Elder

Gail Finn

John Hill cssr

Katrina Mynard

Melissa Smith

Melissa Thompson

Mariana Voggenreiter

Executive Manager

Deb Wadsworth

Chairperson JPC Board

Theresa Mills

Board Members

Thomas Beddoe

Kathleen Carroll

Evelyne Albrecht

Damien Backholer

Sonya Tissera-Isaacs

Brian Tooth

Br Shane Wood (minutes)

Next Newsletter Deadline

NOV 2018

MESSAGE FROM THE TEAM

We hope you are keeping warm and healthy in these cold winter months! Winter does really remind us of a few things, doesn't it...?

The value in the small pleasures. If we didn't experience the cold, we wouldn't how lucky we are to have warmth on our skin — the heater, the fireplace or a blanket. Grab the opportunity—when the sun does shine—to get some sun onto your skin and be grateful for the good weather days!

Don't get stuck inside. In these cooler months you may have the urge to remain plugged in, scrolling through internet on Facebook and binge-watching TV shows. Try to remember to step away from the screen and still go for a walk. Get moving, meet up with the JPC community groups and keep active and warm.

The sun will always shine again. On the cold and rainy days, you may feel down and depressed and then everything can easily get on top of you. But even though the winter storms seem unbearable, remember, the sun will always come back one day. When there's despair, worry or stress, there's always a ray of light just around the corner.

You may have seen the news that Rachel Miers has left JPC. We thank her for her time as Executive Manager and wish her all the best in her new role. We will miss her leadership and advice and our community members have told us they will miss her friendship too! She always took the time to speak with our members and guide staff in all areas of the centre. Even though she had her own heavy responsibilities of running the centre, Rachel always gave attention and encouragement to everyone and every project. JPC services and activities are successful because of her guidance over the years. Good luck in the future Rachel, and we hope to continue to see you around at JPC.!

We welcome an acting Executive Manager, Deb Wadsworth, who will be responsible for management admin for the next few months. Deb has extensive management and leadership background and she is friendly and keen to learn Auslan already! You will see her around the office a couple of days a week. If you would like to get in touch— Email: manager@jpc.org.au.

Of course, JPC staff will manage the centre as normal so please do not hesitate to contact the team if you have any questions—admin@jpc.org.au.

***Thank you and Good luck
Rachel!***

Good Luck Mariana and Dustin!

Mariana is one of our pastoral care team members and she is now on maternity leave as she is expecting her first child in the middle of July. (The baby may already be here by the time you are reading this newsletter!).

Good Luck Mariana and Dustin and we wish you all the best and this journey as new parents.

Thank you Raylene

Recently the Pankina Seniors group gave a lovely gift to Raylene to say thank you for her many years of service to the committee. Raylene is an important part of our community and her time on the committee was much appreciated.

Welcome Deb.

Come and say hello to Deb Wadsworth in the office when you see her. Deb will be helping us to manage the centre over the next few months. She is learning Auslan and is looking forward to learning more signs from you all. Welcome to the happy family Deb!

Deb Wadsworth

Executive Manger / manager@jpc.org.au

FROM THE CHAPLIAN
Fr John Hill CSSR

Soon it will be Ephpheta Sunday again. As we prepare for this year's celebration, I think back to what was happening last year, and how different this year's celebration will be. Last we were getting ready for our Deaf Catholic Conference, which started with our celebration of Ephpheta Sunday. It was a pretty exciting time. Lots of visitors came, both from interstate and from the United States. There was a lot happening.

This year will be a quieter celebration. We will still get together again, but it will be, at least for the JPC staff, a more relaxed time. For this year's celebration there are also some other changes around JPC. We have a new manager. Rachel Miers has moved on from JPC to work at the Melbourne Polytechnic, just down the road from JPC. So, I want to say thanks to her for her years at JPC, and all the work she has done for us. Our new manager is Deb Wadsworth. She will be with us for the next six months, and I wish her all the best for her time at JPC. Also one of our pastoral team, Mariana Voggenreiter has gone on maternity leave. By the time you are reading, we hope that she will be the happy mother of a beautiful daughter. We hope to see her back at JPC at the end of the year.

So there are changes around JPC. Since I have been working with the Deaf, over the years I have heard people say "Deaf do not like change". Deaf people tell me that they like to have the same interpreter for their appointments. When they go to the coffee shop, they like to be served by the same person, and keep the same neighbours — people they can trust and communicate with.

But as we know, life is about change. Some changes are slow and take time. It took many years for your children to grow up. You got used to the idea of them starting school, then going

to high school, then finishing school and either working or studying. But the changes that are sudden or unexpected can be hard to accept — things like losing your job, the death of a loved one, or finding out that you have a serious sickness. When we have to face these things, it is important that we have the support and care of a partner, family member or friends.

They are important because that is how God cares for us. Their care and love keeps our faith alive, and through them we know that God is there with us.

At our Ephpheta Sunday Mass, we celebrate the Deaf community's history, culture and language. As we give thanks for our Deaf community, we also pray that our faith in Jesus and in our friends and loved ones will stay strong. In that way we will be able to face whatever change lies ahead.

Fr. John Hill CSSR

REFLECTION

Six Little Stories

{1}
all villagers decided to pray for rain.

On the day of prayer all the people gathered,
but only one boy came with an umbrella.

That's FAITH.

{2}
you throw babies in the air,
they laugh because they know you will catch them

That's TRUST.

{3}
night we go to bed
without any assurance of being alive the next morning,
but still we set the alarm to wake up.

That's HOPE.

{4}
plan big things for tomorrow
in spite of zero knowledge of the future.

That's CONFIDENCE.

{5}
see the world suffering,

but still we get married and have children.

That's LOVE.

{6}

an old man's shirt was written a sentence

'I am not 80 years old;

I am sweet 16 with 64 years of experience.'

That's ATTITUDE.

***Have a happy day and live your
life like the six stories.***

Author Unknown

A LINE OF DUCKLINGS AND SAFE HANDS

Melissa Thompson (Signee Tots Coordinator)

Have you ever seen a line of ducklings waddling along behind their mother? Have you wondered how she gets them to do this? When ducklings hatch from their eggs, a process called 'imprinting' occurs. Whatever large moving object the duckling sees during its first day or so of life, it imprints to. It forms an attachment to this object. Attachment between human babies and their caregivers is not so sudden. It grows over several stages as the child develops and it is the strong emotional bond that develops between a child and their primary caregiver. It can take on different forms depending on how the attachment was fostered in the child's early life. The hope is that the child becomes what is called 'securely attached' to the caregiver.

Why am I talking about attachment? A number of the JPC staff attended a professional development workshop in May. It focused on how each person's attachment style depends on the bond that formed with their caregiver when they were a young child, and can influence how they behave in relationships as adults. When my own son was young, I learned about an idea called 'The Circle of Security'. This is a model which helps parents attend to the needs of their child, and develop secure attachment. The idea is that the parent forms a secure base from which the child can move out and explore, while the parent watches over them, delights in them, helps them, and enjoys what they are doing. The parent is also a safe haven for the child to come back to when the child needs help. The parent is there to protect and comfort the child when needed.

A lot of the work that builds a secure attachment happens when the parent and child are given the opportunity to spend time together and to play together.

At Signee Tots, a large part of each session is deliberately set aside as free play. This is a wonderful opportunity for parents to let their young children move out to explore the things which capture their attention. You can play with them, enjoy with them and delight in them.

I love the image of the parent's two hands, one forming a secure base and the other forming the safe haven. Hands are so important to the language and identify of the Deaf community, perhaps this is why I like this idea so much.

Melissa Thompson

Upcoming dates - Tuesdays fortnightly
From 11am—1pm:

7th August and **Excursion last week of AUG – TBA

4th September

18th September

16th October

30th October

13th November

27th November

11th December – Xmas Party

For more information, please contact:

Melissa Thompson

E: [m.thompson @jpc.org.au](mailto:m.thompson@jpc.org.au)

Deaf ART 2018

We had another interesting term and we look forward to the variety of activities for the remainder of the year. If you have any suggestions for art activities, please don't hesitate to tell us. Would you like Jennifer Bernal Cards With Dress, Embroidery, Cross Stitch?? Sewing class with sewing machine?? Please share your feedback with us.

Upcoming Fridays: 10am- 2pm

Term THREE:

3rd August—Origami with Melissa (\$10)

10th August—Origami revision (\$10)

17th August—bring your own art project (\$5)

24th August—Paperific Expo (\$15 / concession \$13)

31st August—Crystals with Ann B (\$10)

7th September (Glass Fusing Session with Merryl- \$45)

14th September—bring your own art project (\$5)

21st September—Outing—your own costs

NOTE: School holidays—24th Sept to 7th October

FOURTH TERM: starts on Friday 12th October

NOTE: The admission is now \$5.00 per person, to cover costs of tea, coffee and morning tea. BYO lunch and craft tools. Additional materials/teachers cost may be required. Get in touch to find out more!

LADIES DAY OUT

Our recent events have included High Tea and Winter Soup and DVD day. We have received very positive feedback and love to see the ladies enjoying their time at our centre.

Thank you to the pastoral team, volunteers and everyone behind the scenes who helped!

Ladies Outings:

TUES 21st August—QV Markets

WED 26th September—ARTVO (Docklands)

WED 24th October—Acland Cake Shop (St Kilda)

WED 28th November—Christmas celebration—TBA

**Remember!! For information on any community activities,
please contact Katrina: k.mynard@jpc.org.au**

DEAF MENS GROUP

Deaf Men's Group meet fortnightly on Mondays (from 10am to 2pm). Most meetings are held in the JPC Hall and we play cards, talk, share news.

Come and join the men's group whenever you like — It's an open house!

Coffee/ Tea are provided, but please BYO Lunch.

Men's Time Out:

6th AUG

20th AUG

3rd SEPT

17th SEPT

1st OCT

15th OCT

29th OCT

12th NOV

26th NOV

10th DEC

PANKINA GROUP

Pankina Group meets every second Monday from 9.30am till 3.30pm. Usually we have a variety of activities like Bingo, 777 cards, Crazy Whist and also special events like Mother & Father's Day Raffles and football days and Melbourne Cup celebrations! We had our Christmas in July celebration on 31st July and there were over 50 people! Everyone had a wonderful time at the Wantirna Club, Wantirna South.

Thanks to the hardworking committee and volunteers, as usual!

You are welcome to join in Pankina activities—to meet friends and chat a play games. Please do not hesitate to contact JPC to find out more or, if you have any ideas for future activities for the seniors group.

Pankina—Mondays:

13th August

27th August

10th September

24th September

8th October

22nd October

5th November

19th November

3rd December—Christmas lunch

NEWS from Mother's Day Raffles (May 7, 2018). Lucky Door=June Thomas. Raffles: (1st) Jerry Zwolinski—voucher (2nd) Raylene Thorne - voucher (3rd) Lorna Easterbrook—fluffy rug (4th) Beth Marks—Scentsy.

CALENDAR OF MASS TIMES	
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(1st Sunday Mass) 5th August	Prahran, JPC 11.00am
Ephpheta Sunday Mass 19th August	Prahran, JPC 11.00am
(1st Sunday Mass) 2nd September	Prahran, JPC 11.00am
(3rd Sunday Mass) 16th September	Prahran, JPC 11.00am
(1st Sunday Mass) 7th October	<u>NO MASS THIS DAY</u>
(3rd Sunday Mass) 21st October	Prahran, JPC 11.00am
(1st Sunday Mass) 4th November	<u>NO MASS THIS DAY</u>
Memorial Mass 18th November	Prahran, JPC 11:00am
Christmas Rally 9th December	Prahran, JPC 11:00am

Christmas Eve Mass 24th December	Prahran, JPC 3.00pm

First Sunday Mass: (Auslan Only)

- Every month at John Pierce Centre at 11AM

Second Sunday Mass: (Integrated hearing mass with Auslan Interpreter)

- St. Francis Church, 326 Lonsdale St, Melbourne at 1:30pm

Third Sunday Mass: (with Auslan Interpreter)

- Every month at John Pierce Centre at 11AM

REST IN PEACE

Jenny Hannan—19th April (Portsea ex-pupil)

Simon O'Brien—27th May (Son of Susan and Ted O'Brien)

Nina Wise—25th June (Mother of David Wise)

Joan Mathers (mother of Linda Mathers) - 24th July

HIRE OUR HALL

Did you know that you can hire JPC hall for a small fee, for your workshop, seminar, events or meetings? We are proud of our centre and we have many features to offer like parking (easy access to tram line), large indoor space, natural lighting, AV equipment, full kitchen, accessible toilets, cooling and heating. More info:

Ph.: 03 9525 1158 / E: admin@jpc.org.au

LEAVE A BEQUEST

By leaving a gift to John Pierce Centre in your Will, you will have a lasting impact, supporting our centre for years to come. A bequest makes a lasting positive change. It is a powerful reflection of the values and principles you treasure. It enables you to create a legacy of love and care for those who most need assistance and it will continue your life's aims beyond your own lifetime. For more information, please contact our office on 03 9525 1158 or email admin@jpc.org.au

One Day Retreat – at JPC - Led by Fr John Hill

LIMIT 20 PEOPLE

When: Saturday 13th October

Where: JPC, High St, Prahran

Time: 10am—4pm

Bring your own lunch and a share plate

Tea and coffee will be provided

Please RSVP by MON 8th OCT

Gail Finn

g.finn@jpc.org.au

SMS: 0402 446 950

Christmas Rally:

Help Wanted- from Deaf, hearing people or Auslan students!

Are you looking for a fun project? Do you love celebrating Christmas!? Do you know anyone who is passionate about the deaf community and who loves to help?

We are looking for volunteers to help us with the Christmas Rally in December.

We need help with picking a theme, ordering catering, sourcing items for raffle / fundraising and then we need help on the day—**SUN 9th DEC**

The Christmas Rally is one of the most important dates on the social calendar and a great end of year celebration. We'd love you to be a part of it.

Volunteers needed to attend hearing masses in NOVEMBER.

As you may know, JPC relies heavily on donations from the community. In November each year, we visit parishes around Melbourne to tell them about JPC and to encourage donations.

If you are passionate about the deaf community and you appreciate how important the John Pierce Centre is—then we need YOU! (Deaf and Hearing people are encouraged).

Together with some JPC staff and interpreters, we will visit some parishes as part of our Ephpheta fundraising appeal.

Can you help for just half a day? Please get in touch to find out how you can help.

SPECIAL INFORMATION SESSION AT JPC

How important is a Will and a POA?

You are invited to an information session (with Auslan interpreter).

The talk will be led by GORDON ELDER.

Gordon is a professional with many years' experience in estate planning.

In this session, you will learn the steps you need to take to set up a Will and / or Power of Attorney.

(The information will be of general nature and you should consider seeking independent legal, financial, taxation or other advice to check how the information relates to you.)

When: Wednesday 10th October

Where: JPC, High St, Prahran

Time: 10am—12pm

COST: \$10.00 (Includes information session and may have one on one question time).

Sandwiches and tea and coffee will be provided

LIMIT 30 PEOPLE

Please RSVP by Wednesday 3rd October

Katrina Mynard / E: k.mynard@jpc.org.au

SMS: 0400 660 601

SPECIAL EVENT FOR EX PORTSEA STUDENTS: (for ex-students, nuns and teachers who attended St Marys Delgany from 1948 to 1984)

When: Saturday 20th October 2018—11-3pm AND

Sunday 21st October 2018 – 10-1pm

Where: Portsea Golf Club - 46 London Bridge Rd, Portsea

Prices: \$70—SATURDAY

\$20—SUNDAY

\$90—BOTH DAYS

PAYMENT TO:

PORTSEA GATHERING

BSB: 923 100

ACC: 45346968

For more information, please contact Adrian Doyle:

sm70port@gmail.com

Did you know...we are making a video?

It is about - "JPC , WHO WE ARE".

We have been working with Ramas at 'Hands To Communicate' to make a video about our centre and our services and we hope to share this online and through social media too.

We really need ongoing donations to help keep our centre running and we hope that this video will reach more and more people. If you would like to donate to us, please see any JPC staff or donate online at:

<https://www.givenow.com.au/jpcdonations>

RECEIPE

Cook a Pumpkin Soup!

As winter has raised its dreary head, few people can say no to a warming bowl of homemade pumpkin soup!

This take on the winter classic brings in a Thai-inspired taste with the addition of red curry paste. Served with crusty bread or topped with a handful of crunchy croutons, this soup makes an easy cold weather meal full of pumpkin's good-for-you vitamins and minerals.

Makes around 6 serves

- 1.2kg of peeled pumpkin, chopped
 - 1 tablespoon of olive oil
 - 2-3 tablespoons of red curry paste
 - 1-2 tablespoons of minced ginger
 - 1 red onion, sliced
 - 1L stock (chicken or vegetable)
 - Splash of fish sauce
 - Juice of 1/2 a lemon
- 400ml coconut milk

SOURCE:

<https://www.nib.com.au/the-checkup/healthy-living/winter-warming-pumpkin-soup>

Tip from our Office Manager Christine....use 2 different pumpkins and sweet potatoes and add coconut milk instead of cream!

UPCOMING EVENTS:

EPHPHETA SUNDAY MASS - 19th AUGUST

MASS: 11—12pm

Followed by gathering

Tea and coffee will be provided, please BYO lunch and a plate to share for supper.

MEMORIAL MASS - SUNDAY 18th

NOVEMBER

MASS: 11—12pm

Followed by gathering

Tea and coffee will be provided, please BYO lunch

CHRISTMAS MASS AND RALLY - SUNDAY 9th DECEMBER

MASS: 11—12pm

Followed by celebration

We will share more information and sell tickets for lunch soon

Want to keep in touch with JPC?

You can always find more information about JPC on our Facebook page and on our Website.

We will always try and share in Auslan where possible, and we try to share news that you may be interested in.

If there is something you would like to see more of...please tell us.

- *our Facebook page*
- *our website*
- *Or pop in*

Office Hours-
MON - WED: 9.30am to 3.30pm
THURS - FRI: Appointment Only

And, if you would like to share some news with the community, please contact us.

We may be able to add it to the next issue of our Newsletter!

**Public Holidays—JPC Office closed:
Friday 28th SEPT (AFL Grand Final Day).
And Mon 5th and Tues 6th NOV (Melbourne Cup)**