

John Pierce Centre

Spirit of the Deaf Community

Newsletter: December 2014

Wishing you a Merry Christmas and a Happy and safe New Year from

John Pierce Centre Board and Staff

From the Executive Manager's Desk, by Rachel Miers

Hello Everyone,

It is November already as I write this editorial. I enjoy this time of the year as I get to reflect back on the year 2014. It has been a great year for all of us and a sad time for us too with Jules Hayes passing.

One of our staff Jules Hayes passed away on 1st October this year. JPC Board and staff were saddened to hear of the news and sends comfort to all her family. Jules' role in pastoral care and aged care has been valued immensely. JPC Community and Staff here tell me of their stories of Jules. We will certainly miss Jules and her smiles.

In the last newsletter I mentioned a warm welcome to Mariana Voggenreiter. Mariana is now employed as a community worker replacing Gabe Noonan. Please give her a warm welcome.

Last month, JPC hosted a "Tracing your family tree" workshop for the community members. David Parker provided an interesting insight regarding his research and shared his tips with us all.

Reading Fr Johns story in this newsletter about family, I think of this quote "*Family, like branches on a tree, we all grow in different directions yet our roots remain as one*". I see Christmas & summer holidays as a time for all families and friends to get together and catch up. Many of you tell me that you think of your school friends as your family. Cherish the times you have with each other.

I look forward to seeing you all at Christmas and New Year. Please feel welcome to drop in anytime.

On behalf of JPC Board and Staff, we wish you all a lovely Christmas and a happy new year with your family and friends.

Rachel

JPC Christmas Rally

Families and Friends are warmly invited to come to JPC Christmas Rally

When: Sunday 14th December

Mass: 11.00am

Lunch: 12.30pm

Cost: \$25 per person, \$40 per family with children under 15.

Where: JPC Hall, 25-35 High St, Prahran,

Parents: Please remember to bring a present, with your child's name for when Santa comes!

No Alcohol Permitted

From the Chaplain's Desk, by Fr John Hill CSSR

In October JPC was fortunate to have David Parker, from the Ephpheta Centre in Sydney, come and run a day on family tree research. It was well attended, and those who came found it very interesting and enjoyable. It's amazing how many people are researching their family trees. You often hear it said that people today are not interested in the past. Kids at school don't do much history, or don't know any history. Yet at the same time there are lot of people of different ages spending hours and hours (and sometimes dollars and dollars) trying to find out more about their past.

There is a TV program called *Who Do You Think You Are?* Its name really says it all. We research our past because we want to find out something about who we are. We might want to see if we had deaf ancestors. If we are adopted, we might want to find out more about the parents of grandparents we never knew. If our ancestors were aboriginal we might want to learn more about their story and their country. Or if they were migrants, we might try to find out why they migrated, and if there are still any of the family left in the homeland. We start to realise that we are who we are because of our past. I sometimes wonder what would have happened to our family if my great-grandparents had stayed in Scotland, and not migrated to Australia. Or if my grandparents had stayed in Victoria, what sort of family would we have been. Or — something too horrible to think about, perhaps I would have ended up a Collingwood supporter! We look back at the past, because it has had a huge influence on who we are. That's why the past is important.

So, at Christmas we look back to the past. We go a lot further back than just to our family history. We look a long time into the past to a mysterious event about the birth of a child. We have some stories about his birth, but still we don't know very much about it. What we do know is that this child, Jesus, has made a huge difference to our world. We believe that this child is God's love shown in human form. When we see him, we learn something about ourselves - that we are accepted totally and loved deeply by God. That's why we celebrate Christmas.

In this Christmas newsletter, I would like to pay tribute to our much-loved Jules Hayes, who worked here at JPC over many years. The number of people who went to her funeral Mass at Strathmore and to the memorial service at JPC was a great tribute to the person she was. Much loved by her family, the Deaf community, and the staff at JPC, I certainly miss her presence around JPC. May she rest in peace, and may God bless and comfort her family this Christmas.

JPC Office Christmas Break

Please note that the John Pierce Centre offices will be closed for the Christmas break from Thursday 18th December 2014 and will re-open on Monday 19th January 2015.

On behalf of all of us here at JPC, we would like to wish you a VERY MERRY CHRISTMAS and a HAPPY & SAFE NEW YEAR. We look forward to seeing you all in 2015.

Note that the Pastoral Worker will not be available in January 2014.

If you wish to contact JPC staff during January 2014

Katrina Mynard sms 0400 660 601 (Deaf)

Fr John Hill sms 0404 145 061 (Hearing)

Welcome Mariana!

We warmly welcome Mariana Voggenreiter to the team here at JPC. We have asked her to give us an introduction for this newsletter.

Hello to all,

I am excited to introduce myself, my name is Mariana Voggenreiter and I have recently started working at the John Pierce Centre as a pastoral community worker. I will be working with the Pastoral Team coordinator, Katrina and Fr John to provide pastoral care and family support to the Deaf Community. As well as coordinating the Mass for You at Home project which involves working with film/ television networks and liaising with interpreter agencies.

The most common question I get asked at JPC is, are you Deaf or Hearing? I am profoundly Deaf but can speak. I have grown up in a hearing family, going to hearing schools with Deaf integration units (English Sign Language). I have a background in pharmacy, having completed a bachelor of pharmacy degree.

I would like to thank the wonderful team at JPC for welcoming me and making me feel at home at JPC.

I look forward to working with the Pastoral Team, especially with Katrina and Fr. John on a number of great programs in 2015. I hope to meet you all.

Photo of Mariana

Staff Profile on Josephine Hynes

Favourite colour? Blue

AFL team? Collingwood

Favourite holiday place? Anglesea

Ideal dinner guests? Ryan Gosling and my family

Favourite Meal? Thai foods

Coffee or Tea? Tea

Favourite TV show? Pretty Little Liars

Who inspires you? My Mum

Favourite part about working at JPC: Always meeting new people in the community and working alongside a fantastic team!

Photo of Josephine Hynes

JPC Christmas Giving

JPC is fortunate to have a community partnership with St Paul Apostle in Endeavour Hills and Toorak Uniting Church in Toorak.

St Pauls Apostle became involved when one of our staff went to give a annual appeal talk at their church. St Paul Apostle have a rich cultural community there like our Deaf community here at JPC. Each family there will a token to put together a Christmas hamper for a family in need. They give 20 Christmas hamper baskets each year, to JPC for families who are struggling.

Christmas is always a special time for families, but there are some families who may feel embarrassed to ask or get presents for their children due to their financial situations. JPC sees families throughout the year.

Toorak Uniting Church has their annual Food for Friends appeal where their volunteers stand at the supermarkets collecting foods from the local communities. The volunteers collect thousands of food like cereals, tea, coffee, sugar, flour etc. They chose JPC as one of their local charities to distribute their hampers. JPC then gives the hampers to each person in need.

If you would like to participate in this JPC Christmas giving by being a volunteer with transporting hampers from St Paul Apostle in Endeavour Hills, or donate children's toys or a voucher (up to \$50 from Coles or Woolworths). These donations will go to the families in need.

JPC wishes to mention a note of thanks to all parishioners from St Paul Apostle and Toorak Uniting Church. Thank you.

Three photos

Community Activities, by Katrina Mynard

Ladies Day Out

Ladies Day Out is continuing to be popular with ladies. There were several outings including a trip to Peninsula Spa, CERES and Oaks Day. Men were welcome to join the ladies on several outings. In August, we all went to Peninsula Spa near Rye. This was a great day out for all the ladies who came along. It was a relaxing day for all and great to see all the women catching up.

We also went to CERES, (Centre for Education and Research in Environmental Strategies - long name) based in Brunswick. It was interesting. It used to be an old rubbish tip and is now more of an educational place, to teach people how to recycle food, and grow vegetables. The ladies had a look around and enjoyed lunch together.

In November, a group of 15 women went to Oaks Day at Flemington. Everyone was so 'dressed up' for the occasion and really enjoyed the day and the weather was just perfect!

Four photos

Ladies Outings - Dates for 2015:

Feb 18th March 18th April 15th May 20th June 17th July 15th

Deaf Men's Group

Deaf men loving coming to this activity every second Mondays. When I am at JPC, walking through the community centre, I could see the men having fun catching up with their friends. They are a special group of men, who just want to catch up with their friends.

Deaf Men's Group Dates for 2015:

February: 9th and 23rd

March: 9th and 23rd

April: 6th and 20th

May: 4th and 18th

Two photos

Deaf Art

Recently Wombat Craft group have joined Deaf Art on Fridays each term. It has become a great group where both groups can share ideas and even help other people to develop their own skills like knitting, crocheting or cross stitching and making art. We farewelled Rico Halwas our volunteer with a lunch made by friends. Rico headed back to Germany. We wish him well on his long holiday break.

Dates for 2015:

TERM 1:

February: 6th, 13th, 20th, 27th

March: 6th, 13th, 20th, 27th

TERM 2:

April: 17th

One photo

Community News, by Katrina Mynard

Gina Pondelardolfo

Gina is a very talented lady, with a love for making things in art. She has kindly shared her photos with you.

Gina is deaf and has limited vision known as "Ushers Syndrome" With Gina's limited vision, she uses her hand to feel materials. Gina participated in floral punch craft classes once a month. JPC provides an interpreter using hand tactile to explain shapes, types of papers, colours.

Below is Gina's portfolio of her work in the past four years made at JPC and Able Australia.

Photos of Gina's artwork

We warmly welcome Mariana in her new role as a community worker. Mariana is learning heaps visiting people in hospitals and people's homes. During one of our home visits, we visited Stan and Myra. Below is a photo taken of Stan & Myra with Mariana, that they will always treasure.

JPC Christmas Gift Wrapping

Do you want to volunteer a few hours, doing your Christmas bit, wrapping presents?

JPC is looking for volunteers to help with wrapping presents at the Good Guys Chadstone. Dates below:-

Saturday 13th & Sunday 14th December

Thursday 18th to Sunday 24th December

Let Christine know if you are interested - email admin@jpc.org.au

Thankful Thought

'Christmas is a day of meaning and traditions, a special day spent in the warm circle of family and friends.' By Margaret Thatcher

Making a Decision

For most people, growing older means that there are times when you find it hard to manage with day-to-day living activities. You may realise that you would need help.

There are many different types services in aged care available in supporting your needs.

Staying in your own home:

There are different services that may support you to stay in your own home for longer, including:

- Help with housework
- Help with personal care such as bathing and dressing
- Help with meals and food preparation
- Help staying physically active
- Social support and activities
- Help with transport
- Nursing care
- Health support such as physiotherapy, podiatry or a Dietician
- Maintenance and modifications to your home goods and equipment to help you.

Care in an Aged Care Home:

Care in an aged care home allows you to live in a supported environment where help is available when you need it. This can include access to 24-hour care if you need it.

They are:

- Accommodation
- Furnishings
- Bedding
- General laundry
- Some toiletries
- Cleaning services
- Meals and refreshments
- Buildings and grounds maintenance
- Staff to help you if you need emergency assistance

Personal Care includes:

- Help with day-to-day living activities such as bathing, going to the toilet, eating dressing, moving around.
- Support if you need rehabilitation (maybe after stay in hospital)
- ☑ Health Services such as:- physiotherapy (exercise, mobility, strength and balance), occupational therapy (help to recover or maintain your physical ability), recreational therapy (exercises and activities), services of a dietician (nutrition assessment, food and nutrition advice, dietary changes) podiatry (foot care)

You will also be giving the following if needed:

- Aids, such as a walking frame,
- Aids to help you to use the toilet and manage incontinence
- Basic medical and pharmaceutical supplies and equipment
- Help with medications
- Short-term oxygen
- Basic toiletries such as tissues, toothpaste, denture cleaning preparations, shampoo, conditioner and talcum powder.

WHAT IS A RETIREMENT VILLAGE?

Most residents are aged 55 years or over, or if younger, are retired from full-time employment, who are provided with accommodation and services other than services provided in a residential or aged care facility.

Many residents choose to live on their own but mix with other people like “community-style” that also provides accommodation for retirees.

Entering a retirement village should be seen as a lifestyle decision, not an investment to make money. Each retirement village will have their own different types of fees that you will need to pay.

Understanding retirement village and communal living:

A retirement village provides independent accommodation and may include shared facilities such as meeting rooms, a library or pool. It might also offer lifestyle services and social activities, such as organised outing, joint meal, craft workshops, visiting doctors and health professionals.

Some residents can feel a loss of independence and control when moving into a village. However, many residents enjoy the social interaction, security and range of activities.

Although staff in some villages have healthcare backgrounds, services in retirement village generally do not include health care.

More information can be sourced from these websites:

- Residential Aged Care Services: www.health.vic.gov.au/agedcare/services/residential.htm
- Australian Government – Department of Social Services www.myagedcare.gov.au/what-help-can-i-get
- Consumer Affairs Victoria www.consumer.vic.gov.au

Signee Tots, by Josephine Hynes

Christmas is fast approaching and it is always a busy time for the staff here at JPC. We continued to run Signee Tots throughout the school holidays which was a great success. We will continue to do this in 2015. We will have our Christmas Breakup on Tuesday 9th December which is always great fun for the children and hopefully we'll have a special visit from Santa!

2015

Looking ahead into 2015, we are looking to organise a day out to the Fairy Park in Anakie.

If anyone has any ideas/themes/activities they would like to see happen at Signee Tots, please do not hesitate to contact me with feedback, it is always great to expand and welcome new ideas.

Dates for Signee Tots in 2015:

February: 17th
March: 3rd and 17th
April: 14th and 28th
May: 12th and 26th
June: 9th and 23rd

CODA Activities

CODA activities are a great way to get families together and to catch up, it is a great idea to allow these opportunities for families to attend the different activities! Previous activities include: going on a bike ride in Port Melbourne and Bounce in Blackburn. CODA Activities are run throughout the school holidays and encourage families to get together.

If anyone is interested please feel free to contact me via email j.hynes@jpc.org.au with any future ideas you may have for CODA activities or suggestions of activities that your child/children may be interesting in attending next year in 2015.

Clip n Climb

We are currently gathering expressions of interest for those that would like to come along to Clip n Climb in Melbourne.

Costs will vary depending on number of people but for 1 hour of climbing time it will be approximately \$18.00 per child. If your children are interested please let me know so I can book a group in so we don't miss out!

Tiny Teddy Santa sleigh recipe

Ingredients:

- large candy canes
- small (12g) Milky Way bars
- 100g chocolate melts
- Tiny Teddy biscuits, honey flavoured
- Mini M&M's, red only
- Pretzels

Method:

Step 1. Place chocolate in a glass bowl and melt in the microwave for 1 minute. Stir until melted. Place a layer of baking paper down to sit your sleighs on. Peel plastic off candy canes. Place on the sheet about 3cm apart.

Step 2. Spoon a little melted chocolate on the back of a Milky Way and sit the Milky Way on the candy canes. Adjust the canes so the hooks are standing straight up.

Step 3. Using a sharp knife, cut legs off a Tiny Teddy biscuit. Dab a little melted chocolate on the cut edge.

Step 4. Sit the Tiny Teddy on top of the Milky Way and hold until firmly attached.

Step 5. Dot a little chocolate on a red Mini M&M and stick it on the face of the Tiny Teddy biscuit.

Step 6. Break pretzels so you have 1.5cm sticks and dab a little chocolate on the bottom of each stick and place on Tiny Teddy head as antlers.

Mini Spinach and Cheese Pizzas

Ingredients

- 4 mini whole-wheat pitas (3 inches each), split
- 1/2 cup part-skim ricotta cheese
- 1/2 teaspoon dried oregano
- 1 garlic clove, pushed through a garlic press
- Coarse salt and ground pepper
- 1 package (10 ounces) frozen chopped spinach, thawed and squeezed dry
- 1/2 pint bocconcini (cheese) (about 20 balls), halves

Method

Heat broiler, with rack set 4 inches from heat. Line a large baking sheet with aluminium foil; arrange pita halves on sheet, cut side up.

In a small bowl, combine ricotta, oregano, and garlic; season with salt and pepper. Dividing evenly, spread ricotta mixture on pitas, and top with spinach and bocconcini. Season with salt and pepper.

Broil until cheese is melted and starts to brown, 4 to 6 minutes, rotating sheet from front to back halfway through baking. Serve immediately

Christmas Shortbread

Ingredients

Icing

- 1 cup icing sugar
- 2 tbsp boiling water
- 2 drops Food colouring
- 50 g butter, softened

Shortbread

- 250 g unsalted butter
- 80 g icing sugar
- 2 cups plain flour
- 1 tsp vanilla extract
- ¼ tsp salt

Method

1. Using an electric mixer, cream the butter and icing sugar until smooth and light in colour. Add the vanilla and combine.
2. Sift the flour and salt into the creamed mixture then, using a rubber spatula gently fold the flour into the mixture until loosely combined. Don't over mix.
3. Place the dough onto cling wrap and shape into a log. Refrigerate for one hour.
4. Preheat the oven to 170°C. Grease a flat tray with oil spray and dust with flour.
5. On a floured surface gently roll out the log until it reaches around 1cm thickness in height. Get out your favourite Christmas cutters and cut shapes from the mix.
6. Place shapes onto the baking tray and bake for 8-10 minutes until cooked.
7. Remove from oven and cool.

Beat icing ingredients in a bowl until smooth and spread on cooled shortbread.

Pankina, by Cheryl Clarke - Secretary

Pankina is a success and there are 45 to 60 deaf people attending Pankina fortnightly. They enjoy playing bingo, crazy whist and 777s.

Congratulation to Thelma Hamilton for her 90th Birthday.

Pankina will host a Christmas lunch at Royal Hotel at Upper Ferntree Gully on the 8th of December.

Wishing you all Happy Christmas and Happy New Year. Hope you will have a safe holiday.

From Cheryl Clarke, Secretary

PROGRAMMES FOR 2015

Dates: January – April (Mondays 9.00am—2pm)

19 th Jan	Welcome
2 nd Feb	Bingo

16th Feb 777s
2nd Mar Bingo
16th Mar Crazy Whist
30th Mar Bingo & Easter Raffles
13th Apr 777s
27th Apr Bingo.
Everyone is always welcome. Admission \$5.00

Bingo \$3 a book, Crazy whist and 777s \$2 a play.

Bring your own lunch. Tea and Coffee is provided.

REST IN PEACE

Kathleen O'Brien – 4th August (Grandmother of Elizabeth Pavlinov)

Ian Judd – 2nd September (Father of Julie & Glenda Judd)

Carmen (Melissa) Cachia – 23rd September (ex-Portsea student)

Florence Worrall – 27th September, (Mother of Bruce Worrall)

Brian King – 28th September

Jules Hayes – 1st October (JPC Staff and ex Portsea student)

Dorothy Rawling – 3rd October (Pankina Senior Group)

Doreen Miller—6th November (Mother of Gerard Miller)

CALENDAR FOR SIGNED MASSES

-
14th December, 2014 Prahran, JPC 11.00am Christmas Rally Mass and Luncheon
24th December, 2014 Prahran, JPC 3.00pm Christmas Eve Mass

MASSES in 2015:

18th January Prahran, JPC 11.00am 2nd Sunday
1st February Prahran, JPC 11.00am 4th Sunday
8th February City, St. Francis 1.30pm 5th Sunday
15th February Prahran, JPC 11.00am 6th Sunday
18th February Prahran, JPC 11.00am (Ash Wednesday)
1st March Prahran, JPC 11.00am 2nd Sunday in Lent
8th March St. Francis 1.30pm 3rd Sunday in Lent
15th March Prahran, JPC 11.00am 4th Sunday in Lent

Easter Services in 2015:

2nd April Prahran, JPC 3.00pm (Holy Thursday)
3rd April Prahran, JPC 3.00pm (Good Friday)
5th April Prahran, JPC 11.00am (Easter Sunday)
19th April Prahran, JPC 11.00 3rd Sunday in Easter
3rd May Prahran, JPC 11.00 5th Sunday in Easter

10th May St. Francis, 1.30pm 6th Sunday in Easter
17th May Prahran, JPC 11.00 (Ascension of Lord)

BIRTHS:

Fiora Blue Holt
born 27th October, 2014
daughter of Teresa Paulet (Interpreter) & Tim Holt

OBITUARY

JULIANNE (JULES) HAYES

25 August 1964 - 1 October 2014

By Mary Hayes

Jules was born Julianne Mary Hayes on 25 August 1964 in Coburg. She was the 6th child of Rose and Reg Hayes and their 3rd daughter. Jules has three brothers and six sisters.

When Jules was 9 months old, Mum realised Jules was hearing impaired. From the age of three, Jules began going to Portsea to 'Delgany' boarding school for the deaf. Jules spent eight years at Portsea and had lots of happy memories of her time there.

After Portsea, Jules attended St Vincent de Paul Primary school in Strathmore for 6 months and spent the next six years finishing her education at Glendonald school for the deaf in Kew. Jules was very glad she went to two deaf schools as she made a lot of lifelong friends.

Jules started her working life with some short term jobs then began a career at Telstra. In 1988 she left Telstra to enjoy life on 'the farm', a property in Bamawm, near Echuca, that Mum and Dad had bought. Jules spent a lot of time there over the following 25 years.

In 1992 Jules decided to go to Darwin for a holiday and decided to move there a few months later. She lived in Darwin for two years and made many nice friends there.

In 1996, Jules began as a volunteer at the John Pierce Centre for the deaf community in Prahran, and was then offered an ongoing position. Jules held various roles to recently enjoying being a Community Worker for Aged Care. Jules worked at JPC for the past 17 years and met lots of different staff who were all kind and friendly people. Jules loved working and talking with deaf people and 'making them happy'. Jules fondly called JPC her second home.

People who had a guiding influence in Jules' life were Bernadette and Janette who asked Jules to work at JPC. Jules sometimes went to Mary McKillop place in Sydney to be with the saint in spirit.

Jules greatly enjoyed going to the beach with the family every Christmas, she loved seeing the children play together and open their presents. Jules had 17 nieces and nephews. She spoilt them with love and loved to play games with them or treat them to a surprise. Jules loved them all like they were her own children and that love was reciprocated 100 fold back to her. Jules also taught them sign language so they could communicate with her in their own way.

Jules recently celebrated her 50th birthday in Echuca with the family and also enjoyed a break in Torquay as she loved to be at the beach and look at the seaside.

Jules was brave, courageous and strong. She was generous to a fault and always put the needs of others before her own, this was never more evident than during the last months of her life.

Jules you will be so very greatly missed, we all love you so much and you have been taken from us far too soon, may you be in God's loving arms at this moment. You will be forever in our hearts.

Four photos

Advertisement – Good Guys Partnership with JPC

The John Pierce Centre is fortunate to have been selected as a Community Partner with the Good Guys Store. The Good Guys Stores are a chain of Independent Electrical and White-goods stores spread throughout Australia that support local Communities by donating a portion of all sales to their Community Partners.

Mr Travice De Silva the proprietor of the store chose to support the Family Support Services provided by the Centre and especially to Deaf families in the wider Chadstone area.

If you visit the store which is located at the Chadstone Lifestyle Precinct at 675 - 685 Warrigal Road in Chadstone, keep an eye out for the JPC display on the community board and you can be sure that the staff of the Good Guys will give you special and attentive service.

We plan to have a couple of events at the Good Guys stores this year to publicize the work of the John Pierce Centre in the area of Family Support; you are welcome to be a part of these events

Newsletter Contribution \$10 per year for Postage

Or wish to receive free newsletters via email, please let Gail know – g.finn@jpc.org.au

Newsletter Deadline

Next Newsletter Deadline – 28th February 2014

Office Hours

Office Hours, Monday to Friday 9.30am – 4.00pm Email admin@jpc.org.au Website www.jpc.org.au

Address 25-35 High Street, Prahran Victoria 3181 | PO Box 443, Prahran Victoria 3181
TTY 03 9525 1337 | Voice 03 9525 1158 | Fax 03 9525 1191
E-mail: admin@jpc.org.au | Website: www.jpc.org.au