

John Pierce Centre

Spirit of the Deaf Community

Newsletter: August 2013

Ephpheta Sunday by Fr John Hill CSSR

As you know, July 1 you can contact the emergency services on 000 by texting. Until then it was a voice only service. A few months ago, before July 1, I heard about a deaf person and her problem with the emergency phone number, 000. She needed to get an ambulance urgently, but she could not use the emergency number because 000 was voice only. She had to text a hearing friend, who then rang 000 for the ambulance. As we are preparing to celebrate the life of the Deaf community on Ephpheta Sunday, it is good news knowing that you can now text 000.

Ephpheta Sunday is about good news. At Mass on Ephpheta Sunday we read the gospel story about Jesus healing a deaf man. When he touched the man's ears, Jesus said "Ephpheta", which means "be opened". But there is more to the story than just that. "Gospel" means "good news". The Ephpheta story is about how Jesus reached out to people who were excluded, and how he brought them back into the community. The story does not mean that Jesus wanted to get rid of deaf people. In his time, deaf people were excluded from the community. Being deaf meant you had an evil spirit inside of you, and that you were a sinner. You could not join in the normal life of the community. Jesus' healing the deaf man meant that he could now join the community and belong again, and not be isolated and excluded.

So, Ephpheta Sunday is a celebration of belonging. It celebrates the life of the Deaf community. It is not about separation or exclusion. It is not a celebration only of the Deaf community as different from the hearing world. It celebrates the life of the Deaf as a community that is open and welcoming. Signing deaf, oral deaf, hard of hearing, one handed Irish, hearing people who are trying to sign – Ephpheta Sunday means that all these different people can belong to the Deaf community and help make it an open, alive and welcoming community.

From the Executive Manager's Desk, by Rachel Miers

Hello, Hope you are keeping warm in this winter weather. One of the ladies from Wombat Craft Group has been knitting heaps of bright and colourful scarves for families.

Photo of colourful Scarves

We now have a Facebook page! Like us at JPC and keep up to date with what's happening at our Centre and in our community! Join us on Facebook at www.facebook.com/JohnPierceCentre or drop in our community centre to say hello.

The Board of JPC invites the Deaf Community and stakeholders to participate in JPC Survey 2013. This will help JPC Board in planning future services. I ask 20 minutes of your time to participate in this survey. In the survey, there are questions covering

- services of JPC importance
- experiences of JPC service
- suggestions to improve future services and

- demographic.

This survey will close on Monday 30 September and all responses are kept strictly confidential. There will be 6 voucher prizes given away.

Here is the survey link: <https://www.surveymonkey.com/s/286SLZH>

In the last few months, I met wonderful people who have volunteered their time to help JPC out with Good Guys Gift Wrapping, Woolworths BBQ and Newsletter folding and helping out with activities. I send out a Big Thank You to our volunteers for supporting our community. I was inspired by the volunteers at the Woolworths BBQ that Gabe recently organised. Let us know if you wish to help out with the next BBQ.

Enjoy your winter. Stay warm and keep well!

Rachel

JPC Community Survey

The Board of JPC invites the Deaf Community and stakeholders to participate in JPC Survey 2013. This will help JPC Board in planning future services. If you would like a print copy of the survey, please let us know.

This survey will close on Monday 30 September and all responses are kept strictly confidential. There will be 6 voucher prizes given away. 1 voucher \$100.00. 5 vouchers \$20.00 each.

Here is the survey link: <https://www.surveymonkey.com/s/286SLZH>

Q & A from the Chaplain's Desk, by Fr John Hill CSSR

Q: What is the year of Faith?

A: From time to time, the Catholic church focusses on a special theme for a year. In October 2011, the then Pope Benedict XVI announced that 2012-2013 would be the Year of Faith.

It focusses on the meaning of faith in the lives of Christian people. It is a call for people to renew their faith in Jesus and their commitment to him.

So, during this time there are events like Masses, conferences, retreats, talks – all designed to help people renew their faith. The Year of Grace was called by the Australian bishops. It ran from Pentecost 2012 until Pentecost 2013 (May 27 2012 until May 19 2013). Its aim is to help the renewal of the Catholic church in Australia. Many people have been wounded and hurt by the sexual abuse scandals in the church. The Year of Grace was called so that the church could face up to this problem, help in the healing of victims, renew itself and its people.

Rural Outreach by Gabe Noonan

Hello from the warm office at JPC !

It has been lovely having these frosty mornings with beautiful sunny afternoons, but I'm sure the rain will come soon!!

My days have been busy; visiting people in their homes, nursing homes, community contact at schools, and catching up with deaf friends in Geelong.

On Saturday 29th of June, I organised a fundraising BBQ at the Woolworths in Prahran. The weather was kind to us, and we started sizzling by 9am. It was a bit slow at the start, maybe Prahran people sleep-in on Saturdays!!

It got busier as the day went on, and we had lots of fun with the volunteers and customers. The traffic was busy in the car park and the local people (and dogs) were very friendly. A **BIG THANK-YOU** to all the deaf who volunteered, also the staff from JPC , their families and even one of the local Board members, thank-you, thank-you, thank-you !!

I would also like to thank the Woolworths staff & management who were very helpful, and the local N Tran Bakery who generously donated bread to keep our costs down. They have been very loyal and supportive of JPC, so I encourage people to shop at their businesses.

The profits we made will be put towards the Deaf Welfare account, and will be used to support families and projects through the year. I will be organising another BBQ later on this year, so keep your eye out for the date.

Finally, I have just come back to Melbourne from a short trip to the North West of Victoria. It was great to get out on the road, and the wide open spaces. The families I visited are very isolated from many Deaf services, so were keen to catch up on the news from JPC. I now realise how important it is to reach "out" to our community, and not always come "in" to the community centre.

I plan to make more regular roadtrips to the country areas, Nth, Sth, East & West!

Until next time...stay warm & take care.....Gabe Noonan

Four Photos of Woolworths BBQ

Why Volunteer ? by Rachel Miers

Many of us like to volunteer for our local clubs, or organisations. We like to share our skills, life experience, time to the community. Also there are other reasons like meeting new people, learn new skills, to get experience or to support a cause.

I have found tips of volunteering which may benefit you, your family and your community. You can learn new skills or help out your favourite deaf club or organisation.

Tip # 1 - Volunteering connects you to others

Volunteering allows you to connect to your community and make it a better place. However, volunteering is a two-way street, and it can benefit you and your family as much as the cause you choose to help. Dedicating your time as a volunteer helps you make new friends, expand your network, and boost your social skills.

One of the best ways to make new friends and strengthen existing relationships is to commit to a shared activity together. Volunteering is a great way to meet new people, especially if you are new to an area. Volunteering also strengthens your ties to the community and broadens your support network, exposing you to people with common interests, neighbourhood resources, and fun and fulfilling activities.

Volunteering together as a family has many worthwhile benefits as children watch everything you do. By giving back to the community, you show them firsthand how volunteering makes a difference and how good it feels to help others and enact change. It's also a valuable way for you to get to know organisations in the community and find resources and activities for your children and family.

Tip # 2 - Volunteering is good for your mind and body

Volunteering provides many benefits to your health especially increasing self - confidence and staying healthy. Volunteering can provide a healthy boost to your self-confidence, self-esteem, and life satisfaction. You are doing good for others and the community, which provides a natural sense of accomplishment. Your role as a volunteer can also give you a sense of pride and identity. And the better you feel about yourself, the more likely you are to have a positive view of your life and future goals.

Tip # 3 - Volunteering can advance your career

If you're thinking of a new career, volunteering can help you get experience in your area of interest and meet people in the field. Even if you're not planning on changing careers, volunteering gives you the opportunity to practice important skills used in the workplace, such as teamwork, communication, problem solving, project planning, task management, and organisation.

Volunteering is free and you can always learn new skills. Volunteering can also help you build upon skills you already have and use them to benefit the greater community.

Volunteering # 4 - Brings fun and fulfillment to your life

Volunteering is a fun and easy way to explore your interests and passions. Doing volunteer work you find meaningful and interesting can be a relaxing escape from your day-to-day routine of work, school, or family commitments. Volunteering also provides you with renewed creativity, motivation, and vision that can carry over into your personal and professional life.

Many people volunteer in order to make time for hobbies outside of work as well. For instance, if you have a desk job and want to spend time outdoors, you might consider volunteering to help plant a community garden or help at a children's camp.

(Source: Revised from Volunteer opportunities benefits)

Eight Photos of Volunteers

Signee Tots / CODA Activities by Josephine Hynes

Signee Tots:

We've welcomed some new faces to Signee Tots recently which has been lovely and it is always great to bring new families into the JPC community.

We recently had a finger painting day with all children getting nice and messy with the paint and made some lovely artworks from it. The children involved really enjoyed the activity and being creative using their fingers, hands, paint brushes and sponges.

We also enjoyed a day where the children decorated cookies with lollies, icing, sprinkles and marshmallows. It was safe to say that the cookies didn't last long!

Two photos.

CODA Activities

In April we had a day out to Bounce Inc. in Glen Iris, we had over 30 children attend that day and it was fantastic!

We bounced for 2 hours on a variety of different trampolines, the dodge ball section and foam pits seemed to be the most popular amongst the children. We then went into a party room and the children enjoyed some lunch.

We even got some of the parents involved, by the end of the day everyone was exhausted. Overall it was great fun and all of the children said they would love to go again!

We would like to give a big thank you to Auslan Services for their generous donation which was a great help in making this day successful.

Thankful Thought

'A family is a patchwork of personalities tied together with heartstrings'

JPC DVD Day for CODA Activities

When: September School Holidays

Where: JPC, 25 – 35 High St, Prahran

Time 10.30am onwards

Cost: \$ 5 per family

Popcorn, party pies, sausage rolls and cordial provided.
Bring along your favourite DVD to share.
Contact: Josephine Hynes, Mobile 0433 595 931
Email: j.hynes@jpc.org.au

Pankina by Cheryl Clarke, Secretary

Recently Pankina celebrated their 21st year Anniversary Celebration! It was held on Monday 29th April in the JPC Hall. It was a very successful day and everyone who attended really enjoyed themselves.

Here are some lovely words from June Thomas who made a speech on the day:

'I would like to say many thanks to Bruno Broglio for starting the 'Over 60s' Deaf Club in 1992 after the JPC Board gave permission for us to use the hall at Ripponlea. Later JPC moved to 2 Donald St Prahran.' The name 'Over 60s' club was later changed to Pankina because a lot of those who attended were not over 60. 'Pankina is an aboriginal name which means 'Be happy' and truly there is much happiness and laughter, good friendships here in this JPC Hall.' 'Throughout Pankina's 21 years the Presidents, V.Ps, Secretaries, Treasurers, Committee members and volunteers have worked very hard to keep Pankina as a Happy Club. Congratulations to them all.'

Bruno Broglio also made a speech on the day, here are some of his kind words.

On a trip home from Adelaide, 'I saw two deaf ladies, Mrs Margaret Riley-Williams and Mrs Isabel Gooding going to catch a train, the weather was bad and wet, they joined me on my drive home' 'We discussed how we could like to have a club for over 60s in Melbourne.' After showing these ladies the facilities at JPC, the club began and 'that is how I became founder of this group' 'I would like to thank Margaret Riley-Williams and Isabel Gooding because without their help we may never have been able to form a deaf group.' 'I would also like to thank the John Pierce Centre Board of Directors for allowing us to use the facilities of the centre'.

Congratulations to Monica Stevenson on her life member award. She has been President for 9 years and was on the committee for a year.

Eight Photos of Pankina celebrations

Community Activities by Katrina Mynard

Deaf Art

Here are some lovely mosaics that were recently created at Deaf Art.

3 Photos – Dolphin by Janet Meaney, Roses by Diane Backholer, Kookaburra by Zoe Walsh.

Porepunkah Reunion

Fr Peter Robinson would like to invite anyone who has been to Porepunkah Camp many years ago. This is for all ages who want to gather and meet all your old friends.

Date: Sunday 12th January 2014

Time: 12.00pm (Mass will start)

Where: Mingarra Retirement Village

77-115 Mt Dandenong Rd, Croydon (Entrance at Wicklow Avenue)

Cost: \$20.00 per family– BBQ and Salads included.

BYO: Drinks

It will be great to see old faces and to catch up!

Contact Details: Katrina Mynard (Deaf) through Facebook (JPC), Email k.mynard@jpc.org.au

SMS 0400 660 601

Maria Patterson (formerly McLoughlin) (Hearing) Phone: 03 9560 7853,

Mobile 0419 338 274, Email mariap@donegans.com.au

Ladies Day Out

When: Wednesday 21st August 2013

Where: Peninsula Hot Springs, Springs Lane, Fingal (Rye)

Time: Meet at JPC by 9.00am or at Hot Springs at 11am

What to bring: Bathers, Towels, Dressing Gowns, change of clothes

What to do: Swim at any pools – temperatures to suit your comfort. If you want a massage, pls book it yourself through online before you arrive there.

Cost: Around \$25 - \$30 all day at the pools. Massage – your own costs.

Contact: Katrina Mynard Mobile 0400 660 601 Email k.mynard@jpc.org.au

Book/DVD/ Craft Sale

JPC will be having a Book/DVD/Craft Sale!

Come along!

Please see below for more details:

Come to JPC where our friendly people are....

When: Saturday 21st September 2013

Where: 25 – 35 High St Prahran Victoria

Time: 10am – 3pm

Lots of books, DVDs and craft to buy.

Contact: 0400 660 601

Email k.mynard@jpc.org.au

Voice 03 9525 1158

IT Corner

I Cloud

For iCloud to work you need to first make sure you have set up an 'iTunes account'. Your iTunes account will often be your email address and a password. To check if your iPhone/iPad/iPod is synced with iCloud go into your Settings and choose the iCloud option as shown here.

Make sure that the Account email address is the same as your iTunes email address. Do these same steps for all your other Apple devices and you will be able to share photos, music and events on your calendar on all of them automatically. If you want to use Photo Stream which will automatically put photos that you have taken on your iPhone/ iPad/iPod onto your computer, you can access these by opening the program 'iPhoto' on a Mac computer. If you do not have a Mac computer you can download the 'iCloud Control Panel' which will allow you to access your photos on a Windows computer.

Recipe – Satay Sauce by Gabe Noonan

Ingredients:

1 cup of pineapple juice 1/4 cup coconut milk
1 cup of crunchy peanut butter 1 clove minced garlic
1/4 cup soy sauce
2 tbsp. chilli sauce (either hot or sweet)
For Thai style, add chopped coriander

Method:

Put all ingredients in a saucepan & heat gently, stirring constantly. Just before it boils remove from heat. If it becomes too thick, add either more coconut milk or pineapple juice. Boiling will cause mixture to separate. This sauce can be used with any meat of your choice: beef, lamb or chicken. Can be served on skewers or as a stir fry with vegetables and rice.

Emmaus Group by Gail Finn

Since May, this year, we started to have an extra Mass per month at John Pierce Centre – that is the first Sunday of each month. We were pleased to see a small number of people came to John Pierce Centre. So we used the small room with a round table instead of using a big room in the Community area. We sensed the good spirit throughout the Mass with Fr. John Hill. We were all touched by sharing the Eucharist and the wine during the Holy Communion time by passing on the bread and wine around the table just like the Last Supper with Jesus.

After Mass and lunch, we prepared for the third Sunday's Mass by discussing and reflecting the reading and the Gospel with Fr. John Hill. This helped us to understand what the Gospel is about with our own lives.

The first Sunday Mass will continue for the next two months – 4th August and 8th September this year.

Calendar for Signed Masses

2013

4 th August, 2013	Prahran, JPC 11.00am 18 th	Sunday in Ordinary Time
11 th August, 2013	City, St. Francis 1.30pm	19 th Sunday in Ordinary Time
18 th August, 2013	Prahran, JPC 11.00am	Ephpheta Sunday
1 st September, 2013	Prahran, JPC 11.00am	22 nd Sunday in Ordinary Time
8 th September, 2013	City, St. Francis 1.30pm	23 rd Sunday in Ordinary Time
15 th September, 2013	Prahran, JPC 11.00am	24 th Sunday in Ordinary Time
10 th November, 2013	City, St. Francis 1.30pm	32 nd Sunday in Ordinary Time
17 th November, 2013	Prahran, JPC 11.00am	Memorial Mass
8 th December, 2013	Prahran, JPC 11.00am	Christmas Rally

Retreat

October 4th—6th 2013

Cost is \$115 per person which includes meals from Friday night dinner until Sunday lunch.

It will be held at Holy Cross Retreat Centre in Templestowe.

This retreat is open for not only deaf but also hearing family members and friends.

Some financial support is available.

Ephpheta Sunday

Ephpheta Sunday will be held on Sunday 18th August at 11am. Soup will be provided with bread rolls for lunch. If people who are attending could kindly bring along a plate of sweets to share with everyone.

REST IN PEACE

Austin Felix Nunan – 27th May, 2013 (father of Julie Porter)

Josephine Gault – 21st June, 2013 (mother of Harriett Doyle, grandmother of Adrian and Tamara)

Our heartfelt apologies to Heather Mills and her family *Richard Mills (not Robert Mills) - 5th January 2013 (husband of Heather Mills, father of James and Emily)*

Thank you

The John Pierce Centre would like to thank the following sponsors for their help and support with the organisation and running of our recent Woolworths BBQ.

N Tran Bakery, Chapel St, Prahran and Woolworths, Cato St, Prahran

Obituary

Reg Hayes (Jules Hayes' father)

5th June, 1932 – 7th February, 2013

Photo:

- Reg Hayes

Dad was born in Newport on the fifth of June 1932 to Maurice and Frances Hayes, he was the second of 9 children. The family resided in a tent on the banks of the Murray River in Swan Hill during the depression.

Dad, his brothers and sisters would all walk barefoot to school. Growing up in the bush taught Dad the necessity of survival and he developed a great knack and love for fishing that he passed on to his children and grandchildren.

They moved to a house in Kilmore when Dad was 9. He was a great footballer and played for Wallan and attended school at Assumption College.

When Dad was 15 he began to work for the State Savings Bank and progressed to become a bank manager. In Dad's 40 year career with the State Bank he made many lifelong friends. As a few of us followed in his footsteps, when we encountered people who had worked with Dad, they would always remark on what a good bloke he was.

When Dad moved to Melbourne he joined the army reserve and proudly guarded the Queen when she came to Melbourne in 1954.

Dad and Mum met at a square dance in 1953. Dad barracked for Collingwood but married a passionate Essendon supporter so it must have been love. They lived in Niddrie where their first 4 children were born, then moved to Essendon and 6 more girls arrived.

Every Sunday lunch would be a roast, prepared before Church. Dad always did the dishes afterwards. Friday night we would have fish and chips for dinner and Dad would bring Kit Kats and Smarties. Growing up we never felt that we missed out on anything as Mum and Dad worked extremely hard to make ends meet and make our lives great.

We would always manage a holiday, for the older ones that would mean trips to Kilmore, Mornington and Yarram and for the younger ones at the beach. Mum or Dad never had a licence until they were 55. Without complaint, Dad juggled three jobs to keep the household running. To give Mum a much needed break, we were allowed to go to the pub with Dad on Saturdays where he bought us chips and red lemonade.

One of Dad's passions was fishing. He taught us all to fish and took the older children fishing and rabbiting with his father in Kilmore. Dad also instilled that love to his grandchildren. We used to catch yabbies in Woodlands Park and, when Mum and Dad moved to Bamawm, the irrigation channel was an excellent source of yabbies too.

Dad retired from the bank at 55 in 1987 and wanted to return to his roots. After spending many fun-filled Easters in Barmah Forest on the Murray, he and Mum decided to get their licences and found a nice little farm in Bamawm.

Life at the farm started with a pig, cows, chooks, rabbits and birds. His days were spent establishing numerous veggie patches, fruit trees and a native garden, with lots of fishing, yabbying and brewing his own beer thrown in. He had faithful companions in his dogs Teri for 16 years and now Kim. He and Mum soon fitted into the community including the church, primary school, where he taught Religious Education, and the St Vincent's charity shop.

The local paper ran a competition for the best joke called 'Dry Humour'. Because Dad used to win so often he would send his in entries under Rose and the kid's names.

The first of 16 grandchildren arrived in 1987 and the last in 2009. He didn't want to be called Grandpa so decided on the name "Bill" as this was his favourite uncle. So Mum and Dad became Granny and Bill.

Dad loved it when his grandchildren visited the farm and would always have something interesting to show them. They would always follow Bill to help feed the animals and he made them feel important by giving them special jobs to do. The most common phrase uttered by each Grandchild was "Where's Bill?"

He really disliked coming to Melbourne or "The Big Smoke" unless he had to, saying the only good view of Melbourne was in a rear view mirror.

One of the many things we admired about Dad was his inner strength and resilience. He faced many medical issues but despite that, lived a full, long and rewarding life. His faith in God and service to the church was one of the most important things to him and he would always put the needs of others before his own.

It's so hard saying goodbye to you Dad, we all love you so much, you sacrificed so much for us and taught us your Christian values. We promise to always look after your dear wife, our Mum.

Community Activities - 2013

Deaf Art

August—December (Fridays 10am—2pm)

Term 3

2nd Aug 9th Aug 16th Aug 23rd Aug 30th Aug 6th Sept
13th Sept 20th Sept

Term 4

11th Oct 18th Oct 25th Oct 1st Nov 8th Nov 15th Nov
22nd Nov 29th Nov 6th Dec 13th Dec

Ladies Day Outings

21st August— Peninsula Hot Springs, Rye

21st Sept— DVD/Craft/Book sale at JPC

October week—Breast Cancer awareness (Pampering)

16th Nov—Horse Racing at Caulfield

18th Dec—Xmas Lunch at JPC

Deaf Men's Group

Dates: August—December (Every second Monday 10am—2pm)

12th Aug 26th Aug 9th Sept 23rd Sept 7th Oct 21st Oct
4th Nov 18th Nov 2nd Dec 16th Dec

Wombat Craft Group

Dates: August—December (Wednesdays 10am– 2pm)

14th Aug 28th Aug 11th Sept 25th Sept 9th Oct 23rd Oct
13th Nov 27th Nov 11th Dec

Signee Tots

August—December (Fortnightly on Tuesdays 11am - 1pm)

Term 3:

6th Aug- Dress up Day 20th Aug- Father's Day 3rd Sept OUTING (TBA)
17th Sept Spring time Crafts

Term 4:

15th Oct- Sports Day 29th Oct- NO SIGNEE TOTS (Staff planning day)
12th Nov- Hand/Eye Coordination activities 26th Nov-Imaginary Play
10th Dec Christmas Party/Crafts

CODA Activity

DVD Day at JPC– Date to be in September school holidays (TBC)

Deaf Week

25th Oct (Friday Night) - Movie Night (captioned)

Pankina

August—December (Every second Monday 10am – 3pm)

Aug 5 th - Crazy Whist	Aug 19 th – 777s	Sept 2 nd -Bingo
Sept 16 th - Crazy Whist	Sept 30 th - 777s	Oct 14 th -Bingo
Oct 28 th - Crazy Whist	Nov 11 th - 777s	Nov 25 th - Bingo & Christmas Raffles
Dec 9 th - Christmas Lunch		

Advertisement – Good Guys Partnership with JPC

The John Pierce Centre is fortunate to have been selected as a Community Partner with the Good Guys Store. The Good Guys Stores are a chain of Independent Electrical and White-goods stores spread throughout Australia that support local Communities by donating a portion of all sales to their Community Partners.

Mr Travice De Silva the proprietor of the store chose to support the Family Support Services provided by the Centre and especially to Deaf families in the wider Chadstone area.

If you visit the store which is located at the Chadstone Lifestyle Precinct at 675 - 685 Warrigal Road in Chadstone, keep an eye out for the JPC display on the community board and you can be sure that the staff of the Good Guys will give you special and attentive service.

We plan to have a couple of events at the Good Guys stores this year to publicize the work of the John Pierce Centre in the area of Family Support; you are welcome to be a part of these events

Newsletter Contribution \$10 per year for Postage

Or wish to receive free newsletters via email, please let Gail know – g.finn@jpc.org.au

Newsletter Deadline

Next Newsletter Deadline – 11th November 2013

Office Hours

Office Hours, Monday to Friday 9.30am – 4.00pm Email admin@jpc.org.au Website www.jpc.org.au

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